## MINUTES OF A REGULAR MEETING OF THE BOARD OF DIRECTORS OF THE MEHLVILLE FIRE PROTECTION DISTRICT OF ST. LOUIS COUNTY, MISSOURI, ON THE 1ST DAY OF DECEMBER, 2021

The Board of Directors of the Mehlville Fire Protection District of St. Louis County, Missouri, met at the Dr. Bosche EMS Training Center, 11020 Mueller Road, St. Louis County, Missouri, on the 1st day of December, 2021.

Present at the meeting were:

Aaron Hilmer, Chairman and Director of the Board:

Bonnie C. Stegman, Treasurer and Director of the Board;

Edmond Ryan, Secretary and Director of the Board; and

Brian Hendricks, Fire Chief of the Mehlville Fire Protection District.

Mr. Hilmer called the meeting to order at 5:00 p.m. and announced the Board to be in session for the transaction of business.

Dr. Stegman made a motion to pay the bills of November 22 and December 1, 2021. Mr. Ryan seconded the motion and it was unanimously approved.

Chief Hendricks said that the East Central Regional EMS Committee consists of stakeholders in a variety of EMS agencies, fire districts, hospitals, and EMS physicians who by statute advise the Missouri EMS Advisory Council on matters impacting EMS in Missouri. The East Central region represents EMS systems from St. Louis City, St. Louis County, St. Charles County, Warren County, Franklin County, Jefferson County, and Lincoln County. Every year the East Central Region requests nominations for lifesaving EMS responses that result in a positive outcome for a patient who presented with atypical or unique circumstances, or when personnel go above and beyond in an effort to save a

life. This year, the region awarded five awards to area first responders, two of which are being awarded to Mehlville Fire Protection District personnel.

Chief Hendricks introduced Shannon Watson, secretary of the East Central Regional EMS Committee and Assistant Chief of the Christian Hospital EMS System. Chief Watson said two awards were being presented this evening. The first alarm was on December 23, 2020, when Ambulance Company 1727, staffed with Critical Care Paramedic Chris Ekiss and Firefighter Paramedic Kory Snelson, responded to a report of person who had fallen. Upon arrival they observed an elderly female who had fallen adjacent to a reclining chair. A family member who was physically disabled, therefore unable to verify responsiveness and/or breathing, stated that just before he called 911, his wife appeared to fall out of the chair but had not responded when he called her name. The patient presented very ill, with agonal breathing and no palpable pulses in spite of having purposeful movement. They requested Engine Company 1720 and Battalion Chief 1706 to respond for an impending cardiac arrest. Immediately thereafter, the purposeful movement ceased, and her EKG revealed asystole, commonly referred to as a flatline. CPR was initiated with the patient waking up shortly after, only to become unresponsive again when CPR was stopped. This process would repeat itself several times until the arrival of Engine Company 1720. Thereafter through a coordinated team effort led by Captain Dennis Maag, it was recognized that the patient presented with severe bradycardia, or slow heartrate of less than 10 beats per minute. As a result, Mehlville paramedics were able to use the cardiac monitor to initiate transcutaneous pacing, restoring heart rhythm. The patient immediately stabilized and was provided with pain relief and urgent transport to the Mercy South Emergency Department. Once

there, the patient remained on MFPD's equipment while undergoing a procedure in the cardiac cath lab, with permanent pacemaker placement completed the following day. As a result of these efforts, the patient was discharged from the hospital neurologically intact, without any deficits. For this alarm, Chief Watson presented awards and pins to Captain Dennis Maag (absent), Captain Joseph Vaccaro, Critical Care Paramedic Chris Ekiss, Firefighter Paramedic Kory Snelson, and Battalion Chief Adam Hagar.

For the second award, Chief Watson pointed out that the family was present. On June 5, 2020, Engine Company 1740, Ambulance 1747 and Battalion Chief 1706 were dispatched for an unconscious person. On arrival, the patient was located outside his apartment accompanied by his wife and a St. Louis County police officer who was performing CPR. Through a short, high-quality resuscitation including defibrillation, basic airway management, and IO access, the patient was successfully resuscitated. He was diagnosed with a STEMI and transported urgently to Mercy South Emergency Department. After being treated there, the patient was discharged neurologically intact. On September 18, 2020, units were dispatched once again to the residence of the same patient, this time for a cardiac arrest. On arrival, the patient's wife advised that the patient was complaining of an asthma attack and suffered a witnessed cardiac arrest in front of her. 911 was contacted, and she began CPR. On the arrival of Mehlville EMS units, the patient was once again found to be in cardiac arrest. After another short, highquality resuscitation, the patient was successfully revived. Then the patient received high-quality care to support respiratory failure due to the underlying pulmonary condition, including use of BiPAP, several medications, and urgent transport to definitive care. Due to the efforts of all involved and a well-defined continuum of care, including

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bystander CPR by the patient's wife and St. Louis County Police, empowered

professional firefighters and paramedics, early hospital notification, and an optimized

handoff between pre-hospital and in-hospital care providers, the patient was present in

the room today. Chief Watson recognized the patient and praised his wife for the

importance of her role in providing initial CPR. Chief Watson presented awards and pins

to Captain Mike Juengling, Firefighter Paramedic Tyler Robinson, Firefighter Paramedic

Tina Mecey, Critical Care Paramedic Kailey Pillman, Firefighter Paramedic Ryan

Russell, Critical Care Paramedic Mitch Swaringim, Firefighter Paramedic Alex Noguera,

Battalion Chief Brian Gebert, and Battalion Chief Adam Hagar.

Mr. Hilmer made a motion that a closed meeting be held for the purpose of

discussing legal matters immediately following the adjournment of the regular meeting.

Mr. Hilmer, as part of said motion, moved that said closed meeting not be open to

members of the general public under the provisions of Chapter 610 of the Missouri

Revised Statutes, commonly referred to as the Sunshine Act. The motion was seconded

by Mr. Ryan. A roll call vote on said motion was taken.

Director Hilmer yea.

Director Stegman yea.

Director Ryan yea.

There being no further business, Mr. Hilmer adjourned the meeting at 5:15 p.m.

Aaron Hilmer, Chairman

ATTEST:

Edmond Ryan, Secretary

The undersigned, being all members of the Board of Directors of the Mehlville Fire Protection District, have affixed their names thereto in evidence of their consent to the meeting at the time and place indicated, and in evidence of their approval of the actions taken at the said meeting.

Aaron Hilmer

Bonnie C. Stegman

Edmond Ryan